

CAMP LOR-RAY

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THE CAMPER'S HANDBOOK 2017



Arrival Times for Kids' Camp

KinderCamp & 1st-3rd Camp | July 5 between 3-4pm
4th-6th Grade Camp | July 9 between 3-4pm
7th-9th Grade Camp | July 16 between 3-4pm

Pickup Times

KinderCamp & 1st-3rd Camp | July 7 after 3pm
4th-6th Grade Camp | July 14 after 7pm (Devotion ends around 8:15)
7th-9th Grade Camp | July 21 after 7pm (Devotion ends around 8:15)

You are welcome to **FREE CAMPING** in Family Camp the night you pick up your child(ren).
(Reserve your spot in family camp online.)

GREETINGS AND WELCOME TO CAMP LOR-RAY!

Your staff at Camp Lor-Ray wants you to have a wonderful time camping with us. To help your camping experience be a safe and happy one, not just for you but for every other camper, there are some guidelines and rules we ask you to follow. Please look through this manual and get excited about Kids' Camp 2017!

ARRIVAL & DISMISSAL INFORMATION

Arrival at camp is after 3:00 p.m. Camp ends after the closing devotion on the last day of the session. (Skits and/or devotion start at 7pm for 4th-9th Camps and at 3pm for KinderCamp-3rd Grade) If these times are impossible for you, please make arrangements with another family in advance or contact the Superintendent or the Director of the week.

If you wish to camp in the Family Camp on the last night of your child's session, free of charge, you are welcome and encouraged to do so.

Note: Please do not put any suitcases, bags, bedding, etc. in any cabin until after you have been checked in by the nurse.

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RULES FOR CAMPERS AT CAMP LOR-RAY

SAFETY AND PROPER CHRISTIAN CONDUCT

- 1) You are a unique Christian, saved by Jesus and called to the specific vocation of “camper.” As a camper you are to love your fellow campers, reflecting the love of your Savior Jesus, treating them with kindness and respect.
- 2) You will respect your body as a temple of the Holy Spirit, and not “dirty” it with filthy habits, talk or behavior.
- 3) You will respect your fellow campers and not do anything that will hurt or embarrass them, or deface or destroy their property.
- 4) You will respect your leaders and always listen to and obey them.
- 5) You will respect the camp that God has given us, and not abuse, deface, or litter it. In fact, we encourage you that if you find a piece of trash or litter, you pick it up and throw it away!
- 6) You will respect your God. We are here to grow in our knowledge of Scripture and in our faith in Jesus. We are here to enjoy the fellowship of believers. Therefore, we will expect you to be joy-filled and encouraging in your words and in your attitudes.
- 7) There will be no raids, pranks, practical jokes, or fights with shaving cream or water balloons.
- 8) You will **ALWAYS** be with a “buddy.” Wherever you go, a “buddy” will go. In fact, if you have to go to the nurse or to the bathroom after lights out, first tell your counselor, and then get a “buddy” to go with you. You will **ALWAYS** be with a “buddy.”
- 9) You will be expected to wear your name tag all the time (unless, of course, you are swimming or sleeping).

PROPER DRESS and SHOES

- 1) You will always wear something on your feet. The only exception to this is when you are on the beach. A pair of **tennis shoes** is a **must**. **Flip-flops** should **only** be worn in the cabin or to and from the shower. There have been too many bruises and cuts on campers' feet over the years.
- 2) Please do not wear any clothing that will be distasteful or offensive with regard to the words or pictures on them. Wear modest and clean clothing. Halter necks are not allowed, and no bikinis, only modest swimming suits are to be worn, and they are to be worn only at the beach.
- 3) You are to come to all meals with hair combed, hands clean, and wearing a shirt. (We would also encourage wearing a smile ☺ but we realize that smiles cannot be made mandatory!)
- 4) Hats may be worn, except in the dining hall for meals and during Bible studies and devotions.



RESTRICTED AREAS

- 1) The girls' cabins and washhouse are off limits to all boys, and the boys' cabins and washhouse are off limits to all girls. Neither boys nor girls should ever be loitering around the washhouse.
- 2) The woods, beach, staff, and family camp areas, as well as the covered pavilion are all off limits except at supervised times.
- 3) The kitchen, storage areas in the dining hall, and the telephone are off limits unless you are with a staff member.
- 4) If construction or repair work is in progress, do not go near that area.



AT MEALS

1. During meals you will remain in the dining hall until everyone has been dismissed. (If you must go to the bathroom for some reason, get permission from your counselor and then take a buddy. You will **ALWAYS** be with a buddy.)
2. Milk is made available at each meal, as well as water. The water is free; you can have as much as you need. We ask you to take only one milk at a time. There may be opportunity for seconds, or there may not be.
3. Seconds are usually offered at each meal. But you must wait for the signal. You will be told when you can go back for seconds, and you will be dismissed to get seconds by tables.
4. We encourage you to have fun, but don't get silly. Don't waste food and don't make a mess. When you are done, please throw your garbage away.
5. The whistle rules the week at Camp. In the dining hall, the hand rules the meal. When the hand goes up, please become quiet for there are some things that must be said. The quicker we can get quiet, the quicker we can get done with the business and on to the fun.
6. The bathroom in the dining hall is to be used for staff only. Campers are to use the bathrooms in their respective wash houses. In the case of an emergency, talk to a staff member if you feel you need to use the staff bathroom.

RULES FOR SWIMMING

1. No campers are allowed on the beach or near the water except during designated Activity Periods.
2. Everyone must stay near a swimming buddy when he/she is in the water or on the beach. Your numbered tags will be placed on the board at the beginning of the Activity Period. You may switch locations (deep water, shallow water, or beach) after a buddy check. There will be a buddy check every ten minutes, indicated by two short whistles.
3. No diving.
4. No rough play: pushing dunking chicken fights, etc.
5. Only one person on each raft or the Aqua Jump at a time.
6. Go down the slide seated, feet first.
7. You may not go in the deep swimming area unless you have passed the swimming test.
8. All swimmers must stay inside the designated swimming areas.



9. If you hear one short whistle, stop, look, and listen to the Aquatic Observer or Supervisor.
10. After two warnings of disobedience to rules, you will be asked to leave the swimming area for the remainder of that Activity Period.
11. If you hear one long whistle, exit the water as quickly as possible and stand on the beach with your buddy.
12. No swimming under the raft or Aqua Jump.

MISCELLANEOUS RULES

1. Please do not bring any money to camp. You are not allowed to have any food, drink, or candy in your suitcase. If you have any of these, please give it to your counselor and he/she will put it in the kitchen for you and give it to your parents at the end of the week.
2. You are not to wander off by yourself, even if you have a “buddy” with you. Keep with your group and make sure your counselor always knows where you are.
3. You are not allowed to have any medication in your cabin at all. If you have any medication (prescription or over the counter) please give it to the nurse in its original container.
4. Do not share head gear, combs, towels, etc. with another person – to avoid transfer of any type of disease.
5. The telephone is for staff use only. You are not to make any telephone calls without permission from the Camp Manager or Camp Director. Cell phones should not be brought to camp. If they are, they should be given to the Camp Director for safekeeping.
6. You are not permitted to leave your cabin after “lights-out” has been declared without the permission of your counselor, and then if you do leave, take a buddy; you will **ALWAYS** have a buddy with you at all times.
7. The whistle rules the camp. We have a set schedule for each day, but the director’s whistle rules the camp. When you hear the whistle, “come on down” to where you are supposed to be.
8. Did you forget something? Write it on a slip of paper along with your name. Hand it to your counselor. We’ll buy the item when we go to town if we feel you really need the item.
9. Out-going mail should be turned in at the dining hall by the time for the first Bible study in the morning. Incoming mail will be delivered at lunch or supper, depending on when it comes in.
10. Do not bring any electrical appliances (fans, radios, etc.) or electronic games.

CAMPER CHECKLIST

Important Items

- Bible
- Pen/Pencil
- Water bottle

Bedding

- sleeping Bag
- blankets
- sheet
- pillow

Clothes

- raincoat
- tennis shoes
- sweatshirts
- jacket/windbreaker
- socks
- underwear
- jeans
- shorts
- shirts
- bathing suit (no bikinis please)
- pajamas/sleepwear

Personal things

- toothbrush
- toothpaste
- brush/comb
- deodorant
- bath towels
- wash cloths
- soap/body wash
- shampoo
- chap stick
- hand/body lotion

Miscellaneous (some are optional)

- stationary & envelopes
- postage stamps
- address book
- camera
- laundry bag
- bug repellent (no spray)
- hat
- flash light & batteries
- sunglasses
- fishing gear
- sunscreen lotion
- beach towels
- paperback book (for free time)
- junk t-shirts (for crafts)
- props (for skit night)

Do NOT bring

Cell phone, ipod, bicycle, money, food, snacks, beverages, shaving cream, etc.

Please I.D. your items!

Please keep your clothing modest (no bikinis, short-shorts, tube tops, midriff tops, or torn/ripped garments. Any logos, printing, or pictures on your clothing should not be offensive)

DAILY SCHEDULES

KID'S CAMP Daily Schedule for Grades 4-6 & 7-9

SUNDAY - FIRST DAY

3:00-4:15	Registration
3:00-4:45	Activities at the waterfront (ice breaker activity if time permits)
4:45-5:45	Swim Test
5:45-6:00	Clean-up and prepare for supper - **HELPERS**
6:00-6:45	Supper / Announcements / Mail
7:00-8:30	Evening / Large Group Activity (ice breaker activity)
8:30-9:30	Campfire program / Snack / Evening devotion
9:30-10:00	Get ready for bed / Showers
10:00-10:15	Counselor / Camper prayers
10:15	Taps / Lights Out / Good Night!

FRIDAY - LAST DAY

Follow regular daily schedule until 4:00pm

4:00-5:15	Special Large Group Activity
5:15-5:45	Pack, clean-up, and prepare for supper
5:45-6:45	Supper / Announcements / Mail
7:00-8:00	Skits
8:00-8:15	Closing Devotion

Daily Schedule

6:30-7:15	Early Bird activity period (optional sign-up) To be announced
7:00-7:45	Reveille - Good morning! (showers/get ready for breakfast)
7:30-7:45	**HELPERS TO DINING HALL**
7:45-8:00	Flag Raising / Morning Prayer
8:00-8:40	Breakfast / Announcements / Morning Devotion
8:40-9:00	Cabin clean-up
9:00-9:45	<i>Bible Study</i>
10:00-10:45	Activity Period I
10:45-11:00	Switch activity
11:00-11:45	Activity Period II
11:45-12:00	** HELPERS TO DINING HALL**
12:00-1:00	Lunch / Announcements / Inspection
1:00-1:45	Rest Time (reading, resting, letter writing, talent night ideas)
2:00-2:45	<i>Bible Study</i>
2:45-3:00	Snack
3:00-3:45	Activity Period III
3:45-4:00	Switch activity
4:00-4:45	Activity Period IV
4:45-5:00	Switch activity
5:00-5:45	Activity Period V - Swimming
5:45-6:00	Clean-up and prepare for supper - **HELPERS**
6:00-7:00	Supper / Announcements / Mail
7:00-7:30	Counselor / Camper Corner (discussion/concerns/talent night)
7:30-8:30	Evening Activity
8:30-9:30	Campfire program / Snack / Evening devotion
9:30-10:00	Get ready for bed / Showers
10:00-10:15	Counselor / Camper prayers
10:15	Taps / Lights Out / Good Night!

KID'S CAMP

Daily Schedule for KinderCamp & 1st-3rd Grade Camp

Note: 1-3 A & B are two groups of 1st-3rd graders

DAY 1

3:00-4:15	Registration & Activities at the waterfront
4:30-5:15	Ice Breaker Activity
5:15-5:45	Swim Test
5:45-6:00	Clean-up and prepare for supper - **HELPERS**
6:00-6:45	Supper / Announcements / Mail
7:00-7:45	Evening / Large Group Activity
8:00-9:00	Campfire / Snack / First evening devotion
9:00-9:30	Get Ready for bed / Lights out Parents: fellowship time in Moldstad Hall (or Craft Cabin) until 11:00pm

DAY 2

7:00-7:45	Reveille - Good morning! (showers/get ready for breakfast)
7:30-7:45	**HELPERS TO DINING HALL**
7:45-8:00	Flag Raising / Morning Prayer
8:00-8:40	Breakfast / Announcements / Morning Devotion
8:40-9:00	Cabin clean-up
9:00-9:30	KinderCamp & Parents: Craft <i>1-3 A & B: Bible Study</i>
9:45-10:15	<i>KinderCamp: Bible Study</i> <i>Parents & Support Staff: Adult Bible Study</i> 1-3 A: Activity 1-3 B: Craft
10:30-11:00	KinderCamp & Parents: Boating 1-3 A: Craft 1-3 B: Activity
11:15-11:45	All Groups: Activity
11:45-12:00	** HELPERS TO DINING HALL**
12:00-1:00	Lunch / Announcements / Inspection
1:00-1:45	All Groups: Rest Time
2:00-2:30	KinderCamp & Parents: rest/free time <i>1-3 A & B: Bible Study</i>
2:30-3:00	Snack
3:00-3:30	<i>KinderCamp & Parents: Bible Study</i> 1-3 A & B: Boating
3:45-4:15	KinderCamp: Activity 1-3 A: Activity 1-3 B: Activity Parents: free time
4:30-4:45	Get ready for swimming
4:45-5:45	All Groups: Swimming
5:45-6:00	Clean-up and prepare for supper - **HELPERS**
6:00-6:45	Supper / Announcements / Mail
7:00-7:45	Evening / Large Group Activity
8:00-9:00	Campfire / Snack / Evening devotion
9:00-9:30	Get Ready for bed / Lights out Parents: fellowship time in Moldstad Hall (or Craft Cabin) until 11:00pm

DAY 3

7:00-7:45	Reveille - Good morning! (showers/get ready for breakfast)
7:30-7:45	**HELPERS TO DINING HALL**
7:45-8:00	Flag Raising / Morning Prayer
8:00-8:40	Breakfast / Announcements / Morning Devotion
8:40-9:00	Cabin clean-up
9:00-9:30	KinderCamp & Parents: Craft <i>1-3 A & B: Bible Study</i>
9:45-10:15	<i>KinderCamp & Parents: Bible Study</i> 1-3 A: Activity 1-3 B: Craft
10:30-11:00	KinderCamp & Parents: Activity 1-3 A: Craft 1-3 B: Activity
11:15-11:45	All Groups: Activity
11:45-12:00	** HELPERS TO DINING HALL**
12:00-1:00	Lunch / Announcements / Inspection
1:00-1:45	KinderCamp & Parents: Rest/Free Time or Activity (TBD by Director) 1-3 A & B: Activity
2:00-2:30	All Groups: Activity
2:30-3:00	Snack
3:00-3:15	<i>Closing Devotion</i>

CONTACT INFORMATION

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Follow Camp Lor-Ray on Facebook at www.facebook.com/CampLorRay and twitter [@camplorray](https://twitter.com/camplorray)
Videos, photos, and updates are posted throughout the weeks and throughout the year.
All of the most important information is on our website at www.camplor-ray.org

WELCOME

Welcome again to Camp Lor-Ray. We're going to have a great time. The leaders will treat you with love and respect as a lamb of Jesus. We expect you to do the same with your fellow campers and with the staff. Let's follow the rules and have an awesome week. **Thank you!**